

# Outdoor Guernsey Birthday Parties

## Information for Parents including FAQ

### Company information

Outdoor Guernsey specialise in providing adventure activities on the Island for children and adults. The company was formed at the end of 2006 and is in its second full year of operation. The joint proprietors are Antony Ford Parker and Robert Kerry. All our activities are insured by Jardine Lloyd Thompson cert no CGLB06H000/865 and we are registered with the Institute of Outdoor Learning.

All our instructors and assistants are used to working with young people. They have the appropriate training or experience and are fully police checked (CRB) and insured. All our lead instructors are qualified in the activity they are leading up to National Governing Body standards, or if an NGB does not exist, to industry recognised best practice standards. All instructors have first aid and RLSS qualifications.

### The activities

Outdoor Guernsey offers a number of fun activities for children's parties. Choose from Archery, indoor wall climbing and crate stacking at one of the Islands indoor venues or outdoor climbing, kayaking, coasteering or raft building in the warmer months.

These sessions are suitable for all abilities. The content and format will be adjusted to suit individual groups and needs. All equipment is supplied.

### Kayaking parties

#### Where?

These Parties will take place at one of the Islands sheltered bays or harbours, Rouse, Havelet, Fort Grey, Grande Harve or Cobo are the usual venues. The venue will be confirmed only after a reliable weather forecast has been obtained as kayaking venues are weather dependant. We will inform the organiser as soon as we are able to make a decision and they will pass the information on.

#### What should my child bring?

We will supply all specialist equipment including cagoules, buoyancy aids and helmets. Your child should bring bathers and rash vest/tee shirt, wetsuit if they have one, old trainers or wet shoes, towel and clothes to change into after the session.

#### What will be happening?

The parties will involve a little bit of paddling and a lot of fun and games, your child is likely to spend a fair amount of time in the water or getting wet. The group will not travel far from the shore and is fully supervised at all times.

### Climbing parties

#### Where?

Outdoor climbing will be at one of the West coast crags at Pembroke or Beau Sejour climbing tower.

What should my child wear?

Trainers and long sleeved light weight top, shorts are ok as long as you are prepared for the odd graze, otherwise trousers that cover the legs. We supply helmets, and all specialist equipment.

What happens?

Everyone will be given the opportunity to try a variety of different climbs with the aim to progress on to climbs that will gently challenge everyone's individual ability level. We may teach belaying and there will be abseiling too!

## Coasteering parties (12 years and over)

Where?

Coasteering for parties is a fun junior version of our popular coasteering explorations. Petit Bot (right), La Moye near le Gouffe or the cow's horn near the bathing pools are our venues.

What should my child wear?

Full wetsuits are a must (we have some available to borrow if necessary) and trainers with grippy soles, NOT skate shoes. We supply helmets and buoyancy aids.

What happens?

This is a traditional Guernsey pastime enjoyed by generations of Islanders. We swim the gullies, scramble over the rocks and explore exciting and unusual places and of course we jump into the sea! Experienced guides know all the rocks and jumps and make this exciting party totally safe.

## Raft building parties (12 years and over)

Where?

Portelet, Grande Harve, Havelet.

What should my child wear?

Wetsuits (we have some available to borrow if necessary) and trainers. We supply helmets and buoyancy aids.

What happens?

Design and build a raft using barrels, poles, and other raft building materials! Then set sail and enjoy races and games, will the rafts fall apart? Who knows!

## Archery parties

Where?

Held at La Moye youth centre or Les Mainguys

What should my child wear?

Please wear long sleeve tops as a bow string can sometimes leave a bruise despite the arm guards the children will wear.

What happens?

The leader will give instruction in how to use the equipment followed by fun competitions and games. The venue has all facilities.

## Consent forms

We have asked the Party organiser to fill out our activity consent form on behalf of the parents whose children are attending the party. They will be asking for any relevant medical information and whether or not your child can swim (for water activities) it is the Party organiser's responsibility to gather this information. By adding your child's name to this form you consent to the activity and our conditions as printed on the form.

By adding your name to this form you acknowledge that adventure sports have an assumed risk. Outdoor Guernsey and its instructors undertake to minimise any risk through instructor training to NGB standards, good quality equipment, detailed local knowledge and risk assessment.. You agree to follow instructions at all times. All information on this form will remain confidential.